



# GULLS

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## Hot Coffee

Single Espresso	€3.00
Double Espresso	€3.80
Americano Double Espresso, Hot Water	€3.10
Latte Double Espresso, Silky Milk	€3.80
Cappuccino Double Espresso, Foamed Milk	€3.80
Flat White Double Espresso, Silky Milk	€3.80
Mocha Double Espresso, Silky Milk, Valrhona Choc.	€3.80
Dirty Chai Double Espresso, Chai Tea, Silky Milk	€4.95
Milk: Almond, Oat, Coconut, Soya	+€0.60
Syrups: Vanilla, Hazelnut, Caramel, Salted Caramel	

## Tea

Barry's Tea	€2.80
Peppermint	€2.80
Green Tea	€2.80
Camomile	€2.80
Red Bush (Rooibos)	€2.80

## Fresh & Nutritious

Sunshine Smoothie Banana, Orange, Strawberry, Greek Yogurt	€5.50
Chocolate & Coconut Muesli Seasonal Berries	€4.95

## Soft Drinks

Still Water	€2.00
San Pellegrino Water	€2.50
San Pellegrino Orange	€3.00
Soft Drinks	€2.50
Kids Juice	€2.00

## Vegan & Gluten Free

Peanut Butter Energy Ball 	€2.50
Peanut Caramel Square 	€3.95
Coconut, Pecan, Apricot & Goji Flapjack	€3.95

## Iced Coffee

Iced Americano Double Espresso, Water, Ice	€3.80
Iced Latte Double Espresso, Milk, Ice	€3.80
Iced Chai Latte Chai Powder, Milk, Ice	€4.95
Iced Matcha Latte Matcha Powder, Coconut Milk, Ice	€5.95
Milk: Almond, Oat, Coconut, Soya	+€0.60
Syrups: Vanilla, Hazelnut, Caramel, Salted Caramel	

## Hot Chocolate

Valrhona 68% Hot Chocolate +Toasted Marshmallow, Cream +Baileys	€4.50 +€1.00 +€3.00
Valrhona Matcha Hot Chocolate	€6.95

## Low & No Caffeine

Decaf Barry's Tea	€2.80
Armada Farm Fresh Mint Tea Lemon Wheel, Local Honey	€3.95
Matcha Tea Matcha Powder, Warm Water	€4.95
Chai Latte Chai Powder, Silky Milk	€4.95
Matcha Latte Matcha Powder, Silky Milk	€5.95

## Baked Goods

Armada Sourdough Loaf	€5.95
Dooliner Brown Bread Loaf	€4.95
Homemade Scone	€3.10
All Butter Croissant	€2.95
Armada Chocolate Brownie	€5.50
White Chocolate Pistachio Cronut	€4.50
Milk Chocolate Hazelnut Cronut	€4.50
Pastel de Nata	€2.50
Traybake of the Week	€3.95
Chocolate Twists	€2.50
Homemade Cookies	€3.00
Meere's Sausage Roll	€4.20

## Sambo's

Limerick Ham & Irish Cheddar	€6.95
Spiced Chicken & Mozzarella	€6.95
Irish Cheddar, Mozzarella & Gubeen Ballymaloe Relish	€6.95
Warm Ham & Cheese Croissant	€4.95